

ANABOLIC STEROIDS

The Governing Board recognizes that the use of anabolic steroids presents a serious health hazard to students. The Superintendent or designee shall make every effort to ensure that students do not begin or continue the use of anabolic steroids.

Teachers of science, health, physical education and drug education shall include a lesson on this hazard in instruction programs for grades 7-12. (Education Code 51262)

Students who participate in athletics shall also receive information about the hazards of anabolic steroids from their coaches.

Legal Reference:

EDUCATION CODE

51262 Use of anabolic steroids; legislative finding and declaration

CIVIL CODE

1812.97 Warning statement; posting; athletic facilities; anabolic steroids

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The following warning, reproduced in 10-point bold type, shall be posted in every locker room: (Civil Code 1812.97)

Warning: Use of steroids to increase strength or growth can cause serious health problems. Steroids can keep teenagers from growing to their full height; they can also cause heart disease, stroke, and damaged liver function. Men and women using steroids may develop fertility problems, personality changes, and acne. Men can also experience premature balding and development of breast tissue. These health hazards are in addition to the civil and criminal penalties for unauthorized sale, use, or exchange of anabolic steroids.